

Seaforth Parent Advisory Council

By Cheryl Healey Chair@SeaforthPac.net

Welcome to École Seaforth Elementary School and the beginning of an exciting 2015-2016 school year! I hope everyone enjoyed our sizzler of a summer and is ready for some back to school fun.

Your elected 2015-2016 Seaforth PAC Executives will be happy to help with any questions you may have regarding many PAC related activities and volunteer opportunities. We are here to represent our Seaforth families, support our community and offer resource assistance when needed.



2015-2016 Seaforth PAC Executives.

Chairperson.....Cheryl Healey
Vice Chairperson.....Lisa Buysse
Treasurer.....**Vacant**
Secretary.....Alison Cuvier
District PAC Representative
(DPAC).....Jun Liu
Canadian Parents for
French (CPF).....**Vacant**
School Planning
Council (SPC).....Siva Ramesh, Jun Liu

Members at Large:

Leslie Cowan, Annemarie Shumas,
Marita Maas and Penny Chisholm.

As a parent of a Seaforth student, you are automatically a member of the Parent Advisory Council and your opinion matters. Often our best ideas come from people just like you. With your help, we are able to run events that bring our school and the community together, keep our kids safe, and raise funds for items that will enhance your child's educational experience.

The PAC Executive is looking to fill the position of **Treasurer** and **Canadian Parents for French** representative. Accounting experience would be an asset for the Treasurer position but is not necessary. Please contact Cheryl Healey Chair@SeaforthPAC.net for more information or stop by our first PAC meeting in the library **September 23rd 7-8pm**. Childcare and light refreshments are provided.

Meetings are normally held from 7-8pm the third Wednesday of the month.



THE SEAFORTH HOT LUNCH PROGRAM

The volunteer run Seaforth Hot Lunch Program is a fundraising initiative that provides financial benefits to the Seaforth PAC, Grade 7 Graduation and French Enrichment Programs. Orders can be placed online through the Munch a Lunch link on the Seaforth website or click

www.munchalunch.com



New and returning families will need to log in and update their child's classroom information.

Orders can be placed starting September 21st and up to 8 days prior to a lunch date.

The first hot lunch date will be October 6th.



POPCORN FRIDAYS

Fridays at Seaforth are always fun and flavourful with the aroma of popcorn in the air. Students can purchase popcorn for \$1.00 a bag starting September 11th at recess thanks to our dedicated volunteers Popcorn punch cards are also available in **\$5.00** and **\$10.00** denominations for added convenience. If you still have a card left over from last year, it is still valid.



Parking, Drop off and Pick up

There is a designated **pickup and drop off zone** located on **Piper** in front of the Seaforth main entrance. If you are using this area for drop off and pick up, we ask that you pull your vehicle all the way forward to allow more room for the vehicle behind you. As this area is for pickup and drop off only, there is **NO PARKING** allowed at all times. There is parking available on **Hunter**, further south on both sides of the street and on **Piper**.

Jensen Place also has parking available in the mornings only. Please do **not drop off** and pick up in the **cul-de-sac** on **Jensen Place**. There are no crossing guards at this location or sidewalks for our students. Cars blocking the entrance to the school make it difficult for our students to get to school safely. We ask that you please abide by the posted traffic signs around the school. Parking is also available at Charles Rummel Park.

Thank you for respecting the traffic rules and helping our children arrive and end their school day at Seaforth safely.





The BC School Fruit and Vegetable Nutritional Program will once again be offered to our Seaforth students with help from our volunteers. If you have a foodsafe certificate please let us know your availability to help keep this valued program at Seaforth. The Fruit and Veggie program often runs once or twice a month on a Wednesday or Thursday.

Volunteers can contact Penny Chisholm pennyChisholm@telus.net for scheduling information.



Family Photo Night

Mark your calendar for this Seaforth tradition on **October 16th, 20-22nd from 4:30-9:30pm**. Families come each year to have their portraits taken in an environment that is familiar to the children. Mountain West Studios will provide an **8X10 photo** selected from proofs by you for only **\$20**. Registration forms for this popular night are attached so be sure to register soon for this sell-out event.

SEAFORTH SPOOK RETURN OF THE GHOULS III....

The **ghouls will be back in town** for another spectacular haunt of **Boston Pizza** 4219 Lougheed Hwy Burnaby on **October 26th at 6pm**. Family and friends are welcome to dress up and join us for this fun filled family haunt with door prizes and raffles. Tickets to reserve your seat will be available in October.



Fundraising Programs

The Seaforth PAC solicits donations from parents at the beginning of each school year rather than participating in numerous sales based fund raisers. Your donations this year will help support the Seaforth PAC and provide additional funds to each classroom. Our goal is approximately \$30.00 a student. A donation request form will follow in the next few weeks with more information. Donations can be made anytime online <https://burnaby.schoolcashionline.com/>



Thank you for your continued support.

Through our strong community partnership with parents, guardians, teacher's staff and students we can continue to support the many activities and programs available at Seaforth. With your support anything is possible.

I encourage you to join the fun. There will be plenty of opportunities to get involved. Sign-up sheets for many of this years' events is included with this welcome package.



DOUGH RAISER PROGRAM

École Seaforth Elementary School has partnered with **Cobs Bread** in **Lougheed Mall** to raise some extra dough. **5%** of all purchases by families and members of **Seaforth Elementary School** will be donated directly back to Seaforth. Please mention our school name to the cashier at the time of your purchase



Boston Pizza 4219 Lougheed Hwy

Seaforth has teamed up with **Boston Pizza at 4219 Lougheed Hwy** for a fundraising program. **10% of your bill will go directly to your Seaforth PAC**. Simply ask the server to add Seaforth Elementary to the back of the bill and all funds will be distributed back to the school ANYTIME! So visit often.

Have a fantastic September!



Cheryl Healey
PAC Chairperson
École Seaforth Elementary School
Chair@SeaforthPAC.net

Seaforth Parent Advisory Council

Volunteers are appreciated and needed

With your involvement and ideas, anything is possible. I encourage you to have a look at the list below and consider signing up for one of the many positions that will be available this year or any new ones that you can think of.

Please note that all Coordinators will receive information about last year’s events and guidance from our experienced PAC Exec to help you run a successful event.

- ☐
- POPCORN FRIDAYS:** If you looking for some Friday fun and would like to help pop up a few bags of popcorn, this is the job for you. Fridays from 9am-11:15am. Volunteers are welcome to sign up for shifts once a month or more.

Please let us know your availability_____

- ☐
- FRUIT AND VEGGIE PROGRAM:** The BC School Fruit and Vegetable Nutritional Program provides fresh fruit and vegetable snacks to public and First Nations schools throughout BC. Volunteers with a foodsafe certificate are needed to help out once or twice a month on Wednesdays or Thursdays distribute fresh produce and milk to classrooms.

Please let us know your availability_____

- ☐
- SEAFORTH HOT LUNCH PROGRAM:** This volunteer run program is administered by the PAC and provides hot lunches ordered through the Munch a Lunch system nearly every Tuesday throughout the school year. Volunteers help distribute food into classroom bins. The Seaforth Hot lunch program provides funding for your Seaforth PAC, Grade seven grad and French Enrichment Programs for our students. Volunteers are needed from 11am-12:15pm on Tuesdays.

Please let us know your availability_____

- ☐
- CROSSWALK SUPERVISION:** We need adult volunteers to supervise to our student crossing guards to help keep our students safe before and after school. Shifts are from 8:45-9:00 am or 2:55-3:10 pm.:

- ☐
- Mornings (8:45-9:00 am) MON TUES WED THURS FRI

- ☐
- Afternoons (2:55-3:10 pm) MON TUES WED THURS FRI
(Circle the days you are available)

- ☐
- TRAFFIC SUPERVISION:** We need adult volunteers to monitor the pick-up/drop-off zone and ensure parents are following the traffic safety rules. Shifts are from 8:45-9:00 am or 2:55-3:10 pm.

- ☐
- Mornings (8:45-9:00 am) MON TUES WED THURS FRI

- ☐
- Afternoons (2:55-3:10 pm) MON TUES WED THURS FRI
(Circle the days you are available)

- ☐
- CHECK-A-CHILD:** Every morning the check-a-child volunteers review classroom attendance lists and call the parents of absent children to ensure they are legitimately absent (sometimes parents forget to call if children are sick or on holiday) rather than missing. Shifts are 9-9:55

- ☐
- Mornings (9-9:55am) MON TUES WED THURS FRI
(Circle the days you are available)

- ☐
- GRADE SEVEN GRAD COMMITTEE:** Volunteers are needed for this joint staff–parent committee to organize year-end events for the graduating class.

- ☐
- FAMILY PHOTO NIGHT:** To be held for four nights in October *16, 20-22nd* in the library. We need volunteers to help throughout the evenings of the photo session while our photographer captures those moments that will last a lifetime. Please see the attached sign-up sheet for more information.

*******SANTA’S BREAKFAST:** This annual event is scheduled for December 18th. A separate notice will be going home the first week of December for this event. Please sign up when the Santa’s Breakfast form goes home.

- ☐
- JINGLE BELL WALK:** .This annual event is scheduled for December 11th . Parent drivers of this mini-van brigade are needed to accompany the children as they collect food for the food bank, and also to pack the food into boxes. The time commitment is from one to three hours.

- ☐
- Coordinator

- ☐
- Driver (all vehicles welcome!)

- ☐
- Packer

- ☐ **Carnival:** To be held in May or later in the spring, we’re looking for ideas to turn this social event (and major fundraiser) into something that is fun for the whole family. We need to start planning before Christmas. Get a group of friends together and let’s start planning.
- ☐ **SPIRIT DAY:** Spirit Day being held on April 22nd is a one-day conference for all Seaforth students. Parents, teachers and guest lecturers volunteer to run a seminar in topics ranging from karate, soccer skills, building bird feeders, planting gardens and crafts. Students get to choose three courses, giving them an opportunity to explore areas of interest they may not otherwise have a chance to experience. We need coordinators to plan the day and recruit speakers and many volunteers on the day to ensure it runs smoothly.

☐ Committee ☐ Event day helper ☐ Workshop host_____
- ☐ **SPORTS DAY:** Scheduled for May 20th. Teachers coordinate this sporting event and the PAC runs a concession to keep parents and siblings fed and hydrated as they watch the events. We need help on the event day and with running concession.
- ☐ **PARENT &STAFF APPRECIATION LUNCHEON:** This appreciation luncheon is held in May. A committee coordinates this event and volunteers help on the day to get everything organized, decorate and then clean up.
- ☐ **PLAYGROUND COMMITTEE:** To develop a plan to upgrade the playground equipment to ensure it offers the highest level of safety and enjoyment for our students.
- ☐ **EMERGENCY PREPAREDNESS COMMITTEE:** To work with the school principal to ensure our emergency container is adequately stocked and to help coordinate disaster plans and drills.
- ☐ **SEAFORTH PARENT ADVISORY COUNCIL:** If you are available the third Wednesday of the month from 7-8pm and are available to fill the position of Treasurer, we would love to have you on our team. The position involves looking after PAC finances. Accounting experience would be an asset but is not required.
- ☐ **CANADIAN PARENTS FOR FRENCH (CPF):** The Seaforth PAC is looking for a representative to attend CPF Meetings and report back to the Seaforth Community regarding upcoming CFP events and activities.
- ☐ **ALL-ROUND GOOD SAMARITAN:** Parents are always needed for events that come up throughout the year and for new events that we haven’t set dates for yet. If you are able to help every once in a while, please indicate your availability:

*** Please MARK YOUR CALENDAR for the events you have signed up for and return this form to the office as soon as possible!

Name:_____

Phone:_____

E-mail: _____

Thank you for your support!

“The heart of a volunteer is not measured in size, but the depth of the commitment to make a difference in the lives of others.”

----DeAnn Hollis



Popcorn Fridays are Back!

Starting September 11th on sale at recess for \$1 a bag

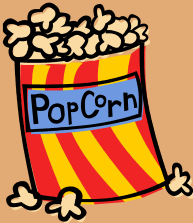
Popcorn Club Card --- Order Form

For each child that will be receiving a Popcorn Club Card please clearly print:

- First and last name
- Teacher name & Division number
- Indicate the number of cards you are ordering of each denomination.

Example:


Student Name	Teacher/Division	\$5 card	\$10 card	\$ sub-totals
Child 1	Mrs. Apple/Div.99	1	2	\$25
Child 2	Mr. Orange/Div.77			\$15
				\$40



Student Name(s)	Teacher/ Division	\$5 card	\$10 card	\$ sub- totals
TOTAL AMOUNT TO BE PRE-PAID →				

- Please send the completed form and pre-payment back to the school with your child. Cash or cheques are welcome; please make cheques payable to the: ‘Seaforth Parent Advisory Council’.
- Popcorn club cards will be the responsibility of the children who purchase them (no replacements will be issued) so the kids are responsible for bringing their own card on popcorn days. It may be best to keep the cards in their backpack.
- There will be a monthly draw for a \$5 popcorn card to all those students who submit their completed cards
- Any questions? E-mail Penny Chisholm PennyChisholm@telus.net

Family Photo Night

Friday	16 th October 2015	
Tuesday	20 th October 2015	
Wednesday	21 st October 2015	
Thursday	22 nd October 2015	

The tradition continues..... Many families come each year to have their family portrait taken in an environment that is familiar to the children. Mountain West Studios has offered to provide family photos at the school on the above dates from 4.30 pm to 8.30 pm in the school library. Each session is 15 minutes. This is a very popular event; please complete the forms ASAP to avoid disappointment.

For a fee of \$20, families will receive one 8 x 10 print which you select from proofs delivered to the school (approximately three weeks after the last photo session). Families will also have the opportunity to order additional prints from a variety of attractively priced packages. Photo Christmas cards will also be available.

If you are interested in booking a photo session, please fill out the bottom section of this form and return it to the school together with your \$20 cheque payable to “**Seaforth Elementary School**” by Thursday October 1st 2015. You will be contacted by e-mail with the date and time of your appointment.

We are also looking for **volunteers** to help the photographer. These events are made possible because of parents like you who volunteer. If you can help out for an hour or two it would be greatly appreciated☺

Thanks
Siva Ramesh (sramesh0110@gmail.com)

If you have been before I hope you will continue to support us, if not why not start a new tradition!

Please take the time to fill out the form legibly!

Family Name: _____

Division: _____

E-mail: _____

Yes, I can volunteer to help cover a shift. I am available:
